

Design2Care Training Ltd

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Working together



Providing quality care training for all
your needs

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Design2Care Training Ltd

Our training is tailored to the specific needs of your organisation and its staff. We specialise in the provision of high quality and affordable training

General Information

Training providers

Our training is delivered by freelance trainers who have both nursing and teaching qualifications in addition to many years experience in the delivery of Health and Social Care Training. We are a committed team with a mission to provide high quality interactive workshops with an aim to improve the knowledge, skills and confidence of your workforce.

Transferring Learning to the Workplace

We believe it is essential for learners to put the knowledge and skills they gain through us into practice. We are committed to providing team building systems, whereby their learning can be fully implemented in the workplace to provide improved quality care.

Tailored Training

Analysis of Training Needs

Enclosed with this pack you will find a 'training needs profile' to help us assess your initial training requirements. If your training needs are more complex we will arrange a visit to discuss and design a workshop that is specific to your organisation, (you may require workshops that are not covered in this information pack). The profile will outline ways in which we can assist with your development of staff training. Our training plan will include a schedule of proposed dates, venue and learning objectives for the workshop.

Delivery of Workshops

All of our workshops are interactive using a wide range of resources. Theory is delivered in a manner suitable to a range of learner abilities. Our workshops include worksheets and workbooks and where possible are clearly linked with underpinning knowledge for the new Qualifications and Credit Framework (QCF). All training awareness workshops will meet best practice outcomes.

Certification

Our Certificates of Attendance will outline the learning objectives, state the guided learning hours covered and completed with each workshop.

Terms and Conditions

Once our proposal has been agreed we will forward our Terms and Conditions along with a copy for signature which will need to be signed and returned before any workshops commence.

Training Price List

We provide training, workshops and courses for the benefit of your organisation to improve practice, skills, knowledge and team building. We are fully aware of organisational budget restraints and to this end our workshops are charged at a sessional rate rather than per person attending.

Bearing this in mind, it may be more cost effective for you to ensure maximum numbers attend and if desired amalgamate training with other homes or organisations in order to share and minimise your own costs.

Manual Handling 4 hour course £150.00

Minimum attendance X 3 Maximum Attendance X 8

As this is a practical course, all staff attending Manual Handling Training must be suitably dressed, ie trousers and flat shoes if they wish to participate. They will practice safe and correct techniques using the equipment provided by your organisations current equipment.

All other workshops 2 hour sessions £125.00

3 hours sessions £140.00

Minimum attendance X 2 Maximum Attendance X 14

All sessional handouts cost £5.00 each.

In order to minimise your costs you may wish to pre-order one set of handouts and make photocopies for all of your staff attending each session.

Individual portfolio's cost £5.00 each

You may also wish to pre-order individual 'Design2Care' portfolios to build and maintain an ongoing record of training, achievements and reflection. Training and reflection of current practice is a requirement of the Care Quality Commission (CQC) inspection process.

Workshops

INDUCTION AWARENESS TRAINING
PRINCIPLES OF CARE
CONTROL OF INFECTION AND CONTAMINATION
SAFE HANDLING AND MANAGEMENT OF MEDICINES
MANUAL HANDLING TRAINING
INTRODUCTION TO DEMENTIA
DEMENTIA CARE MANAGEMENT FOR OWNERS AND MANAGERS
DEMENTIA CARE MANAGEMENT FOR CARERS
PALLIATIVE CARE
NUTRITION AND DIET
MENTAL CAPACITY ACT
UNDERSTANDING MRSA AND C. DIFF.
SUPERVISION AND APPRAISAL
COMMUNICATION
CONFIDENTIALITY
CONTINENCE PROMOTION

Not quite what you were looking for?

We have included some of our more popular workshops above but other titles are available. We can, of course, as our company name suggests, 'Design2Care' for your training needs and we will aim to deliver a workshop to meet your organisation's specific learning requirements.

Dementia Care Management for Owners and Managers

Introductory Workshop

Overview Of

Stepping Stones to Care

As trainers we have presented dementia awareness courses in the care sector for nearly a decade. Our passion and commitment to dementia training led us to extending our own knowledge, skills and experiences to develop a series of interactive workshops. These workshops are based on the understanding of what it must feel like to have dementia. From this understanding we introduce a stepping stone approach towards achieving lifelong well being for those suffering from this disabling disease.

Dementia can be managed, the key is continuity in care which is achieved through team work. We consider the team to be everyone involved in the care of the person with dementia. Every team must have a leader that not only understands this model of care but also embraces it and that is why we start from the top down.

"Our aim is the same as your aim,

to change the lives of those suffering with dementia"

"As trainers we have an additional aim,

to change the lives of those caring for individuals with dementia".

Our introductory workshop for owners and managers has been designed to explain how these aims can successfully be implemented and achieved.

Dementia Care Management for Owners and Managers

Introductory workshop

Stepping Stones to Care

Arrival, registration, refreshments

Welcome and introduction to the workshop.

Your first Stepping Stone

Personhood -What it means to us all

- A Diary of Memories – the first stepping stone to understanding the impact of dementia
- What it feels like to have Dementia – Role Play
- The impact of the defining moment of Dementia

Onto the next Stepping Stone

Bringing the team together

- The team approach to care
- Communication, sharing and caring

Your final Stepping Stone

Positive changes to be made

- Tools for care – a step by step process
- Concept of continued support
- Monitoring your outcomes
- Reflective practice for all
- Learning into action – How is this achieved?

Evaluation and close

Booking Times 10.00 – 13.00 hours or 14.00 – 17.00

Cost £140.00 per workshop

(Maximise your numbers to minimise your costs) 'Design2Care' are happy for you to share the workshop with other organisations.

Minimum attendance x 2 Maximum X 14

Please complete and return the booking form enclosed with your preferred dates and times

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Introduction to Dementia

Workshop Overview

Our mission is to improve the quality of life for all people affected by dementia. The training we have developed aims to improve the well being of the person with dementia by developing the skills and knowledge of all those who care for them.

Understanding Dementia

Workshop 2 hour session

Workshop Aim: to introduce learners to the term 'dementia' and provide an explanation of the various causes of dementia. Learners will gain an understanding of the importance of feelings and emotions experienced in everyday life for a person with dementia.

Understanding Person -Centred Dementia

Workshop 2 hour session

Workshop Aim: to provide learners with the best ways to communicate with people with dementia and to understand how dementia puts people under great stress affecting their confidence, social skills and personhood. Learners will be able to demonstrate their listening skills and learn the importance of building relationships and working together as a team to promote well being in those with dementia.

Understanding Distressed Reactions in the Context of Dementia

Workshop 2 hour session

Workshop Aim: the learner will explore the different forms of reactions and the factors that affect a person with dementia. The learner will also learn practical skills in their care approach to promote positive reactions in a person with dementia.

Applying a Person-centred approach to Dementia Care

Workshop 2 hour session

Workshop Aim: to enable the learner to focus on the whole person, seeing the person with dementia in the context of his or her whole life in order to provide better care by applying person-centred care. Learners will demonstrate how to support a person with dementia with specific aspects of their personal care.

Each workshop can be booked as an individual session or two sessions per day.

The learning materials provided with each workshop are designed to provide you with a thorough awareness of dementia at an introductory level. The material content reflects current national best practice standards.

Palliative Care

Workshop Overview

This workshop is designed to closely examine the dynamics of the sensitive situations staff are faced with when dealing with the dying and their carers. Our aim is to promote confidence in your workforce by introducing a range of strategies and skills that can be utilised in every day practice.

Understanding Palliative Care

Workshop 2 hour session

Workshop Aim: to provide learners with an overview of what defines palliative care. Learners will explore and discuss emotive issues surrounding death. The workshop will raise the learners awareness of the support available to dying people and their families by introducing the individual components of a palliative care programme.

Supporting a Persons Needs in Palliative Care

Workshop 2 hour session

Workshop Aim: to inform learners of the whole person approach to care and to enable learners to develop their communication skills and support a person with their emotional and social needs. They will also learn how to respect a person's religious, spiritual and cultural needs.

Supporting a Person with Their Physical Care Needs

Workshop 2 hour session

Workshop Aim: to consider the causes and symptoms of pain and how pain can be managed. This workshop will describe types of Palliative illnesses and treatments. Learners will be encouraged to think about how to provide personal care and maintain dignity whilst using a person centred approach.

Care in the Final Hours of Life and Bereavement Care

Workshop 2 hour session

Workshop Aim: to increase the skills in providing care in the approach to death during a person's final hours. The workshop will ensure that learners are acquainted with the process of grief and loss in order that they can confidently provide help and support for the bereaved.

Workshops can be booked as an individual session or two sessions per day

Safe Handling and Management of medicines

Workshop Overview

This workshop has been designed for everyone who is involved in the care sector and is aimed to give all staff, supervisors and managers the essential knowledge needed to manage and handle medicines safely.

An Introduction to Medicines in the Care Setting

Workshop 2 hour session

Workshop Aim: To introduce learners to different categories, types and forms of medicines in a care setting. Learners will gain an understanding about the benefits and risks associated with medicines.

Receipt, Storage and Disposal of Medicines in a Care Setting

Workshop 2 hour session

Workshop Aim: Learners will demonstrate an awareness of the most current, relevant legislation, guidelines and organisational policies and procedures. Learners will gain an understanding of safe working practices when receiving, storing and disposing of medicines in their own workplace. Learners will also gain an understanding of the importance of working within the constraints of health, safety, security and confidentiality when handling medicines.

Administering Medicines in a Care Setting

Workshop 2 hour session

Workshop Aim: To introduce learners to current legislation, guidelines and organisational policies for the administration of medicines. The learner will be able to demonstrate how to prepare and administer medicines using correct procedures. They will also understand the importance of reporting and recording the administration of medicines at work. Learners will gain an understanding of their role as an employee to ensure that they work at all times within the constraints of health, safety, security and confidentiality. Learners will also be made aware of how to implement safe working practices when administering and assisting in the administration of medicines.

Each workshop can be booked as an individual session – at a cost of £125.00

A full day session covering all the workshops – at a cost of £375.00

The learning material provided with each workshop is designed to facilitate the underpinning knowledge with regards to the Safe Handling and Management of Medicines within a Care Home. The material content reflects the current national best practice standards.

Manual Handling Training

Workshop Overview

This training has been designed for everyone involved in the practical care of the Service User and is aimed to give all staff the knowledge and skills to handle and move Service Users and equipment safely. The workshop will cover time limit specifications recommended by the Care Quality Commission (CQC)

Workshop 4 hour session

Workshop Aim: to provide learners with both the theory and practical application of moving and handling Service Users and equipment safely and effectively.

Theory

PowerPoint presentation covering all aspects of Manual Handling.

Non clinical handling – Improving practice

- good and bad practices
- improving current practice

The theory behind People Handling – Improving current practice

- techniques and use of equipment
- identifying Service User's mobility requirements
- Identifying potential injuries and how to improve on current practice

Discussion exercises

- Ways to improve current practice
- Hoist and hoisting service Users
- Bariatric clients and moving techniques

Practical

All learners will be involved in the practical application of the following

- How to place a sling under a client, sitting and lying
- The safe use of handling belts, slide sheets, hoists and slings
- How to support a Service User from a sitting to a standing position
- How to support a person whilst in bed

Reflection

Reflection will be used by the learner to show how they can change their practice to ensure the safety of the service user and themselves whilst moving and handling

BOOKING FORM

Please complete the relevant information and return along with your payment to the above address

COMPANY NAME	
ADDRESS	
CONTACT NAME	
TELEPHONE NUMBER	
EMAIL ADDRESS	
LOCATION OF TRAINING	
NUMBER OF STAFF ATTENDING	

COURSE	DATE	TIME

All courses are to be paid for one week prior to date of training. Please allow 5 working days for cheques to clear.

Verbal booking dates will be cancelled if payment is not received one week before date of training

How did you hear about Design2Care Training Limited

WORD OF MOUTH	USED THE COMPANY BEFORE	INTERNET SITE	PUBLICITY	OTHER

Training Needs Profile

Where will the training take place?	
What is your priority training?	
Would you like to book one of our listed workshops?	
Would you like to arrange a 'Design 2Care' tailored workshop? Please suggest dates and times.	
Are you looking to build up a portfolio of training for each staff member?	
What are your individual staff training requirements?	
Please state quantity of pre-ordered individual handouts required	
Please state quantity of pre-ordered individual folders required	
Are there any specific individual needs for your staff we need to be aware of?	

Do you have any questions? (Please use the reverse of this sheet)